

The Bobby Resciniti Healing Hearts Foundation presents:

A Day with Mitch Carmody
Proactive Grieving - Turning Loss to Legacy

2:00 PM to 6:00 PM at Bobby's Place
11764 West Sample Road #105
Coral Springs, FL 33065

Saturday - April 28, 2012

Register EARLY as we only have 25 seats available!!!!

Doors open at 1:30 for welcome, fellowship, coffee and seating



Mitch Carmody is the author of "Letters To My Son, a Journey through Grief" which has been sold worldwide. Mitch is currently a staff writer with "Living with Loss Magazine" and has published many articles for a variety of national grief periodicals, newsletters, and internet sites as well as appearing in many radio and television interviews. He is an accomplished artist and creator of the innovative *20 Faces of Grief* and the S.T.A.I.R.S model of grief staging. Mitch is also the prognosticator of *Proactive Grieving*, a paradigm shift in grief recovery.

Mitch is a recognized keynote speaker and a highly regarded workshop presenter with a wide variety of compelling workshops. He writes and speaks from the heart and touches many lives with his compassionate message and affable manner. In his nationally known and hugely popular workshop "Whispers of Love", he has brought hope to countless thousands who believe their loved one on some level has survived death.

Mitch's main message is that we CAN survive and even thrive after a significant loss in our lives.

Workshop Syllabus

Proactive Grieving, what it is, and what it isn't. Exploring and identifying our grief stages, grief components, discussing ways of turning loss to legacy and exploring the phenomenon of dreams, signs and connections.

- 1:30 welcome, seating , song with interpretive signing
- 2:00 PM to 2:55 PM The many Faces of Grief exercise
- 10 min break
- 3:05 to 4:05PM Proactive Grieving lecture, turning loss to legacy
- 10 min break
- 4:15 to 5:15 Whispers of Love presentation, song with interpretive signing
- 5:15 to 6PM Q & A/Closing notes, sharing, bring evidential signs/stories of signs to share
- 6:pm to 6:30 optional book signing "Letters To My Son, Turning Loss To Legacy"

Mitch Carmody – www.HeartlightStudios.net

* Donations gladly accepted *

RSVP Bob Resciniti – angelbobby13@gmail.com Questions – call 561-603-3819