Come join us for ALAN Aday with MITCH and ALAN



Mitch Carmody and Alan Pedersen are two of the most in demand speakers and presenters on grief and loss. Their workshops are standing room only. "A day with Mitch and Alan" is a combination of Alan's powerful music and Mitch's incredible art, wrapped around love, laughter and healing. These two bereaved dads have very busy schedules, we are fortunate to be able to host one of the few joint events they will conduct this year.

Saturday, November 12, 2011

9:30-4:30

Palm Beach State College ~ Wattenberger Center 4200 Congress Ave

Lake Worth, Florida

Turning Loss Into Legacy

The Twenty Faces of Grief

Whispers of Love

(signs from our lost loved ones)

The Six "NEW" stages of Grief

Growing Through Grief

No fee to attend
Seats are limited
Please RSVP
by sending an
email to
info@griefandbeyond.com