



**Bob Resciniti-Chairman** ~ Dad to Bobby who died in an accident on July 13, 2006 at the age of 21. This led Bob to create The Bobby Resciniti *Healing Hearts* Foundation of which is both founder and President. He also started a grief center "Bobby's Place" where bereaved parents may come for free counseling. Bob

continues to give of his heart through community events. Bob is also a speaker, workshop presenter, writer, philanthropist, and the heart of *The Healing Hearts Foundation*. Bob has dedicated the rest of his life to helping the broken hearted after the death of a loved one. Visit <a href="https://www.angelbobby.org">www.angelbobby.org</a> for more information about Bob and his organizations.



**Mitch Carmody-Co-Chairman** ~ Bereaved Dad to Kelly, Mitch Carmody, GSP, CCP is a writer, artist, grief educator and a nationally recognized motivational speaker has his own YouTube channel known as Mr. Heartlight. He is the author of several books and hosts his own Radio Show "Grief Chat". He is a Grief Facilitator

for the Tragedy Assistance Program for Survivors (T.A.P.S) of military loss, member of The Association of Death Education and Counseling (A.D.E.C.) and has served on the National Board of Directors for The Compassionate Friends. His foundational philosophy is proactive living and proactive grieving. After losing his twin sister in an accident in 1985 and then his son to cancer in 1987 Mitch has dedicated his life to serving the bereaved in any way he can. He has conducted both national and regional workshops for The Compassionate Friends, BPUSA, hospice/health care providers, social workers and clergy across the country for over 20 years. His philosophy of Proactive Grieving® and the S.T.A.I.R.S. ® model of grief processing are changing the way America grieves.



**Dr. Bob Baugher Ph.D.~** Bob is a Psychology Instructor at Highline College in Des Moines, Washington, where he teaches courses in: *Life & Death, Human Relations, Understanding AIDS, Suicide Intervention, Death across Cultures, and Abnormal Psychology*. He has trained more than 1,000 people in suicide intervention and has

co-facilitated child and teen grief support groups. As the professional advisor for the South King County Compassion Friends and Widowed Support group Dr. Bob has written several books and articles and has given more than 800 workshops on coping with grief and loss.



Carla Blowey ~ Carla is a Certified Dream Work Facilitator through the Marin Institute for Projective Dream Work with director Jeremy Taylor. The author of Dreaming Kevin: The Path to Healing (2002/2014), a speaker and presenter, Carla has presented workshops on the healing power of dreams, for local, regional

and national bereavement groups and organizations since 2003; and facilitates individual and group dreamwork sessions on-site and online. The title of one of her workshops, *Dreams: A Blessing in Disguise* sums up the profound influence of dream work in her personal path to healing. Carla invites participants to see beyond the illusions of death, bringing their dreams, their deceased loved ones and ultimately themselves, into the Light. Weaving the values of spirituality with personal loss and transition, Carla invites the dream images to speak their truth, thus creating a space for grace to nourish and Love to flourish.www.dreamingkevin.com



**Anne Castaldo** ~ Anne is the mom of three sons, David, 38, Danny, 36 and Tony, forever 24. In 2009 Tony died unexpectedly from a medical error. In 2010 her family founded *The Tony Brown Foundation* which focused on living life after loss. Anne went on to study under Darcie Sims becoming a Grief Service Provider. Anne

was elected to the Board of Directors of TCF and planned the last two conferences for the organization. The Tony Brown Foundation hosts several events in her community to help those suffering from loss. Anne made a conscious decision that to honor all her boys, she needed to live her life gratefully and intentionally.



**Jordyn Cohen** is a Program Manager with Tuesday's Children. Her main role is to oversee Project COMMON BOND, a week-long symposium in the summer that unites teenagers from around the world who share a common bond—the loss of a family member due to an act of terrorism, violent extremism, or war. Previous

to working at Tuesday's Children, Jordyn managed a team at the One Love Foundation, where she was focused on educating communities about domestic violence. Jordyn graduated from the University of Massachusetts, Amherst in 2011 with a B.A. in Psychology.



**Delaney Colaio, representing Tuesday's Children,** is a recent high school graduate, activist, and filmmaker. When she was 3 years old she lost her father, Mark Colaio, and two uncles, Stephen Colaio and Thomas Pedicini on September 11th, 2001. She is now the Co-Director and Writer of "WE GO HIGHER: A

Documentary of Hope from the 9/11 Kids," through which she has collaborated with New York-based nonprofit Tuesday's Children. She produced and directed video content and was a student organizer and speaker for the March For Our Lives rally in New York City, which resulted in 250,000 people in attendance. Delaney has collaborated on photo and video projects with renowned artists such as Twenty One Pilots, KYLE, Hoodie Allen and Bryce Vine. Delaney's passion for giving back to others has brought her to several countries around the world including Belize, Guatemala, Mexico, and South Africa. She has also partnered with the Hope Sports Organization, building affordable and sustainable housing in Mexico.



**Lynda Cheyden Fell** ~ After losing her 15-year-old daughter in a car accident in 2009, Lynda was caught in a fog of grief. Just when she started to find her footing, Lynda's 46-year-old husband suffered a disabling stroke. As she fought to restore hope, Lynda discovered that helping others was a powerful balm for her

wounds—a catalyst that changed her world. Striving to make a difference, Lynda became an international bestselling author in 2013, and founded AlyBlue Media soon after. She launched Grief Diaries Radio and Grief Diaries Live in 2014, was executive director of the International Grief & Hope Convention 2015, earned four national literary awards in 2016, wrote the curriculum Managing Grief in the Workplace in 2017, was nominated for five national advocacy awards in 2017, co-founded the International Grief Institute in 2017, and created the experiential workshop Resiliency Rx in 2018. To date she has authored over 30 books on finding hope after loss.



**Linda Findlay** ~ Linda became a bereaved parent after the loss of her infant daughter, Aubrie Marie in 1989. Linda founded Mourning Discoveries, Grief Support Services in 1991. Since that time, she has filled the role of a Funeral Service Aftercare Coordinator for over 300 funeral homes in 25 states and Canada.

For 26 years, Linda has continually facilitated bereavement support groups for Hospices, Faith Based Organizations, and is an AARP Widowed Person Service volunteer trainer and outreach provider. Linda is a Lay Counselor for a Christian Care Ministry in Greenville, SC and she is the founder and co-creator of The Bereavement Cruise.



**Joanne Fink** ~ Joanne is the founder of Zenspirations and a bereaved spouse. Joanne is a world-renowned calligrapher, designer, author and teacher. More than simple lines on a page, her unique art style and approach to spiritual and creative expression builds bridges of understanding between people. She is a

passionate advocate for artist's rights and has a long history of community service. <a href="https://zenspirations.com/">https://zenspirations.com/</a>



Zach Green ~ Zachary is a Teaching Artist and Professional Stained Glass Window maker from New Jersey. He has worked in schools and in community groups in the Northeast for 15 years, leading workshops and residencies in the visual and performing arts, especially music and theater. He brings with him his passion for

community building through collective art-making experiences and a love of people and the power their creative spirits.



**Dr. Gloria Horsley & Dr. Heidi Horsley** ~ Dr. Gloria Horsley and Dr. Heidi Horsley are a mother/daughter psychology team and founders of the Open to Hope Foundation, with a mission of helping people find hope after loss. They host an award-winning cable TV and Internet radio show. Dr. Heidi is an adjunct professor at Columbia University, and serves on the National Board of Directors for The

Compassionate Friends, and on the advisory board for the Children's Brain Tumor Foundation. Dr. Gloria is a former faculty member for the University of Rochester, a member of the Forbes Non-Profit Council, and blogs for MADD. Together they serve on the advisory boards of the Elisabeth Kübler Ross Foundation, and the Tragedy Assistant Programs for Survivors (TAPS). They have written eight books and numerous book chapters and articles and give workshops and keynotes around the country.



**Barbara Hopkinson** ~ Barbara founded and leads both A Butterfly's Journey (ABJ, a 501c3 nonprofit) and The Compassionate Friends of Greater Newburyport, MA, a grief support chapter (part of TCF USA). She is an author of multiple books, a writer and co-author for several Grief Diaries, and a GRI certified Grief Recovery Specialist.

As part of ABJ, Barbara created 'Portraits of Loss' (™) photo shoots to encourage open expression of grief, loss and love. Participants are photographed expressing a phrase meaningful to them, later receiving their photos digitally. Barbara has helped bereaved families recover from grief for fifteen years, after sudden losses of her husband Jim, her twenty-one-year-old son, Brent, her stillborn son, Robbie, and a baby through miscarriage. Her background is in international corporate technology, including IBM. Barbara resides north of Boston.



**Kelly Hunt** ~ Singer songwriter and international touring recording artist Kelley Hunt's career comprises over 1800 live performances including some of the most significant festival stages in North America and Europe, airplay on 5 continents, 6 acclaimed commercial releases and hundreds of thousands of indie units sold and

downloaded. Her music crosses roots music boundaries organically referencing soul, roots R&B, gospel, folk, funk and Americana forms and the piano vernaculars of Kansas City, New Orleans and St. Louis - all places where she and her family have roots. Her music is also known for taking on social observations and political commentary and for messages of hope and uplift. It's all delivered with passion and superior skills as a singer, keyboardist/guitarist and writer. In addition to touring and recording Kelley maintains a robust schedule of teaching and vocal coaching. She is also a skilled workshops presenter at all levels - from grade schools to the Berklee College of Music in Boston - on subjects covering various facets of songwriting, piano and vocal performance, specific workshops for choral groups and even interactive programs for elementary school-age kids. For 13 years she has co-hosted the "Brave Voice Writing and Singing for Your Life" retreat and workshops with poet/author and former Kansas Poet Laureate Caryn Mirriam Goldberg which attracts participants from all over North America. She has been a guest artist and presenter at The Power of Words and Circle of Music Conferences. Kelley is currently at work on her 7th album which is expected to street the second half of 2018.



**Glen Lord** ~ After graduating from Boston University with a degree in Marketing and Operations Management, Glen Lord was on the fast track to accomplishing his goal of being a CEO of a fortune 500 company. The death of his son, Noah, in 1999 put brakes on the life he had so carefully planned. As Glen sought a new path he

realized that there was a need for genuine, accurate grief information. This realization, plus his extensive business experience, fueled the founding of The Grief Toolbox and creation of the Walking Through Grief® program, both offer a community of grief resources around the world and a marketplace of grief and memorial products. Glen is past president of the national board of directors of The Compassionate Friends. He is a sought-after keynote, inspirational presenter and workshop leader. Most recently in 2017 grief touched Glen's life with the death of his sister Heather and Father only one week apart. Glen has come full circle is Co-Founder and CEO of the International Grief Institute, which provides a variety of grief education. In addition he is a managing partner of JOURNEYS OF HOPE, HEALING, AND HEALTH, LLC providing an opportunity for the bereaved to better understand their grief journey, receive compassionate support and enhance their coping skills.



Sallie Lynch, MA, Senior Program and Development Consultant at Tuesday's Children, has 16+ years of experience serving families of September 11th victims, responders and survivors and working with other communities impacted by traumatic loss. She is the principal researcher and author of Tuesday's Children's

evidence-based Long-Term Healing Model, a training curriculum, toolkit and compilation of lessons learned on community healing and resilience in the 16+ years since 9/11. She previously coordinated a collaborative research and intervention program with Columbia University School of Social Work and the FDNY Counseling Service Unit. Sallie is a co-author of the book FDNY Crisis Counseling: Innovative Responses to 9/11 Firefighters, Families and Communities (Wiley, 2006). Sallie holds an MA in Anthropology from Columbia University and a BA in Cultural Studies from Charles University in Prague, Czech Republic.



Angela Miller ~ Angela is an internationally known writer, speaker and grief advocate. She is the founder of the award-winning website ABedForMyHeart.com, and author of You Are the Mother of All Mothers, a gift book for grieving moms. Her work has been featured in Forbes, Psychology Today, CBS News, The

Huffington Post, MPR and BlogTalk Radio, among others. Angela's writing and her book have comforted the hearts of millions of grieving parents worldwide.



**Kris G. Munsch** ~ There was never a project too big for Kris until his son, Blake, was killed in a car accident December 23<sup>rd</sup> of 2005. Kris spiraled out of control, selling his businesses and entering a world of depression. Soon, he realized that if he had the talent to rebuild almost anything, why couldn't he rebuild his life? That's what he began doing, and he did it in a high school classroom teaching

woodworking. The authenticity of the teens he worked with inspired him to start *The Birdhouse Project*. On the 5<sup>th</sup> anniversary of his son's death, Kris discovered his five-year marriage was imploding. Devastated and shaken, he set off on a personal journey. After selling all his belongings, Kris set off in his car traveling to all the lower 48 states, building a birdhouse in every state in honor of his son and a life he was begging to understand. His time in exile give him the time to look within, find a sliver of hope and begin his life again. It's a constant battle of the past and present. Kris now teaches at Fort Hays State University, restores old houses and wakes up each morning with the thought, I'm just a beginner.



**Dr. April Naturale, MSW, Ph.D.** April is a traumatic stress specialist with 30 years of experience as a health/mental health care administrator, and a clinician specializing in response to traumatic events. After 9/11, Dr. Naturale directed Project Liberty, the New York State Office of Mental Health (NYSOMH)'s Federal

Emergency Management Agency (FEMA) funded mental health response to the World Trade Center disaster, the largest crisis counseling assistance and training program awarded in the program's 30-year history. Dr. Naturale has spent considerable time in the field assisting with operations management and training, public communications, crisis counseling, and troubleshooting. She was project director for the Substance Abuse and Mental Health Services Administration's Disaster Technical Assistance Center (SAMHSA DTAC), and has collaborated on disaster response work with the Veterans Administration's National Center for Post-Traumatic Stress Disorder (NCPTSD), the Centers for Disease Control and Prevention (CDC), and many states across the nation. In 2004, she helped launch SAMHSA's National Suicide Prevention Lifeline, then spent several years working in each of the states affected by Hurricanes Katrina, Rita, Wilma, and Ike. She has worked with the Mental Health Association-New York City to launch the BP Deepwater Horizon Oil Spill Distress Helpline network and to oversee the 9/11 10th Anniversary Healing and Remembrance program. Dr. Naturale was the architect of the Boston Marathon Bombing Behavioral Health response and is currently assisting the states of Nevada and CA determining the needs of the victims of the Rte. 91 Harvest Festival Shooting. Dr. Naturale is a licensed clinical social worker in four states and has a Master's degree from Columbia University and a Ph.D. from New York University.



**Alan Pedersen** ~ Alan Pedersen is an award-winning speaker, songwriter and recording artist. His inspirational message of hope and his music have resonated deeply with those facing a loss or adversity in their lives. Since the death of his 18-year-old daughter Ashley in 2001, Alan has traveled to more than 1,300 cities speaking and playing his original music. Alan also successfully

served four years as the Executive Director of The Compassionate Friends, the largest grief organization in the world. Alan is currently on the road with The Angels Across the USA Tour where he will speak and perform in over 100 U.S. cities in 2018.



**Sohaib Qureshi** is a junior at Marjory Stoneman Douglas High School who was catapulted into public life advocating for gun safety due to his school shooting. He's also a Dual Enrollment student by attending Broward College while completing his MSD curriculum. Sohaib likes: sports (especially basketball), desi food, music, modern fashion & his MSD debate class. He has shared

speaking engagements twice with Supt Runcie, once donating 15K to the MSD victims from his community. When he grows up, Sohaib wants to be either an NBA player, or a sports medicine doctor for the Miami Heat. He has even written a rap music tribute for his fallen schoolmates, that a renown recording studio engineer (Fareed Salamah of The Hit Factory - Miami) has approached him to record. Luminaries such as Olympic Medalist Ibtihaj Muhammad (fencing) have embraced Sohaib after meeting him & learning of his ordeal & heroics while trapped on the 2nd floor during the fatal shooting.

Sohaib speaks & shares for his therapy, & to help others in their healing & recovery.



**Richard Reynolds** ~ Founding Board member with Healing Hearts, awesome dad, husband, mentor, longtime friend. Richard is an outstanding individual of integrity and character. Richard will be our Master of Ceremony for "The Day of Hope & Healing" Richard supports many charities within our community. His dedication to helping others is second to none.



**Dr. Dave J. Roberts LMSW** ~ Dave became a parent who experienced the death of a child, when his daughter Jeannine died of cancer on 3/1/03 at the age of 18. He is a retired addiction professional and an adjunct professor in the psychology department at Utica College in Utica, New York. Dave is a featured speaker, workshop facilitator and coach for Aspire Place, LLC (www.aspireplace.com) He is also the chapter leader for The Compassionate Friends of the

Mohawk Valley. Mr. Roberts has been a presenter at the Southern Humanities Council Conference in both 2017 and 2018. Dave has been a past workshop facilitator for The Compassionate Friends. He has also been a past workshop facilitator and keynote speaker for The Bereaved Parents of the USA. Mr. Roberts has contributed articles to the Huffington Post blog, Open to Hope Foundation, The Grief Toolbox, Recovering the Self Journal and Medium. One of Dave's articles, *My Daughter is Never Far Away*, can also be found in *Open to Hope: Inspirational Stories of Healing and Loss*. Excerpts from Dave's article for The Open to Hope Foundation, called *The Broken Places* were featured in the 2012 Paraclete Press DVD video, Grieving the Sudden Death of a Loved One. He has appeared on numerous radio and internet broadcasts and Open to Hope Television. Dave was also part of a panel in 2016 for the BBC Podcast, World Have Your Say, with other grief experts, discussing the death of Carrie Fisher.



**Josh Robinson** ~ Josh is a professional Percussionist, teaching artist, and drum facilitator. For the past 15 years he has worked with a wide variety of populations across the country teaching the use of the drum as tool for self-expression, community building, and emotional release. His approach is personal, passionate, creative, and fun. He has an ability connect with a wide range of audiences, put them at ease, and engage and unify them through rhythm. Josh has said

"yes!" to working with just about every population at least once, and through these experiences has learned how his work connects and resonates with a variety of ages, backgrounds, cultures, and environments. He recently received a "Community Hero Award" from The Center for Grieving Children in Philadelphia, and a "Service Award" from Rutgers University "Future Scholars" program for at-risk youth in Camden NJ. He was the keynote speaker for the National Alliance for Grieving Children's 2015 Symposium and has presented at several Moyer Foundation National Bereavement camp conferences. Josh is grateful to be on a heart-led path of helping people through his passion for drumming.



**Dr. Michael J. Rovito** is the Founder/Chairman of Men's Health Initiative and an Assistant Professor of Health Sciences at the University of Central Florida. Dr. Rovito holds a PhD in Public Health and a MA in Urban Studies from Temple University, a BA in Geography from Millersville University, and is a certified health education specialist. His work specializes in testicular self-examination and

testicular cancer, male health behavioral change, instrumentation design, and health communication. Through his work with Men's Health Initiative, Dr. Rovito focuses on empowering boys, men, and their families to achieve optimal health and wellness. By offering opportunities and spaces for young men and their influential networks to build agency through a holistic perspective- integrating the social, emotional, physical, mental, spiritual, and environmental influences of life, Men's Health Initiative aims to build social connectedness, community, and capacity. Dr. Rovito is a loving father, husband, son, brother, and uncle.



**Sara Ruble** ~ As the mother of a healthy and happy teenager, Sara's life was forever changed with the sudden death of her only child, Scott. Sara's grief journey and her continuing relationship with Scott have opened her up to the knowing there is much more to life, death...and the afterlife. As a workshop presenter, Sara has shared her grief, knowledge, and

wisdom at The Compassionate Friends National Conferences (2010-2018), In Loving Memory Conferences (Now-Childless), Bereaved Parents of the USA National Gatherings, the 2018 Helping Parents Heal Conference, and other notable organizations. Sara's blog, *Death Teaches* is her inspiring journey and the development of a beautiful spiritual relationship with Scott. They come together again to share in their powerful new blog *Spirit Teaches* for even deeper spiritual awareness. Both blogs can be found at her website *Spirit Teaches* at <a href="https://www.spiritteaches.org">www.spiritteaches.org</a>



Rev John H Stanley ~ John Stanley is a second career pastor. After completing a career with PSNC Energy in Community Relations, John served ten years as Pastor, Robinson Presbyterian Church, and concurrently as Chaplain, McLean Funeral Directors, where he officiated funerals, and administered a bereavement program. Currently, he is Minister—Visitation, First Presbyterian,

Gastonia, NC, Following the death of their only child, a 16-year-old daughter, John and wife Rose co-founded the Gastonia Chapter of Compassionate Friends. John served a four-year term on the National Board of TCF, and he has presented workshops at ten national conferences, and has presented at several *In Loving Memory* Conferences (parents with no surviving children). He is Past Chair of the Gaston Regional Chamber of Commerce, a Paul Harris Fellow and Past President, of his Rotary Club. He is Past Potentate, Oasis Shriners, Charlotte, and he has served as Chaplain, Shriners International.



**Wendy Soderman** ~ Wendy is a visionary, who lives a mindful life and believes every day is a journey of endless wonders and discoveries. Wendy travels the world sharing her heartfelt personal story to companies, social clubs, organizations, churches and schools. As a meditator, Wendy is an example of the life enhancing benefits of meditation. Her informative

meditation workshops and passionate presentations empower audiences of all ages and backgrounds with transformational techniques on how to have an authentic "soul centered" life. Wendy's meditation classes are aligned with making mindful well-being, a core element in one's personal and professional life. After participating in one of Wendy's inspirational talks or meditation workshops people are inspired to integrate positive, in the moment awareness behaviors and daily meditation practices to create their own authentic life journey



**Sharon Strouse** ~ Sharon Strouse, MA, ATR-BC, LCPAT, is a board-certified art therapist and licensed clinical professional art therapist with 30 years of clinical experience with adults in both group and individual settings. A year after her 17-year old daughter Kristin ended her own life, Strouse immersed herself in a creative process involving collage which became the foundation for her book, Artful *Grief: A Diary of Healing*. Additional published works can be found in

Neimeyer's *Techniques of Grief Therapy: Creative Practices for Counseling the Bereaved* and Thompson and Neimeyer's *Grief and the Expressive Arts: Practices for Creating Meaning*. In addition to national workshops, she leads weekly art therapy circles and spiritual and intuitive development circles for survivors of loss.



Jessica Waring, representing Tuesday's Children, grew up in Bayside, New York and currently resides on the Upper East Side of Manhattan. She was 14 years old when she lost her father, James A. Waring, on September 11, 2001. Jessica graduated from Quinnipiac University summa cum laude in 2009 with a Bachelors of Science in Finance, Bachelors of Science in Accounting and

minor in mathematics. She is a licensed CPA in New York and works as a Project Manager at Allianz Global Investors.

Jessica is the current co-chair of the Tuesday's Children Junior Board and has been involved in programs and various fundraising efforts for the organization over the last five years, including co-chairing four fundraising events and running the New York City Half and Full Marathons. Jessica was one of the first participants in Tuesday's Children's longstanding Youth Mentoring Program, which was created in 2002 for 9/11 children and is now being replicated for Military Families of the Fallen across the U.S. Jessica is also an Associate Producer for the documentary "WE GO HIGHER: A Documentary of Hope from the 9/11 Kids."

Thank you to all of our presenters, resource professionals and volunteers for giving us some of the finest gifts possible – their TIME, knowledge and support. We are eternally grateful. Your Healing Hearts family loves you – Bob Resciniti

